

TEACHING CHILDREN TO BECOME THE BEST OF THE BEST!

MASTER ANGEL HONG

Meet Master Angel Hong, 4th Degree Black Belt and a Licensed Instructor. Teaching Tang Soo Do for 17 years. Hong's is a 2nd generation family business, that has been teaching in the Hudson Valley for over 46 years and counting.

CONTACT

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HQ ADDRESS

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Benefits of Martial Arts:

BUILD CONFIDENCE
SOCIAL SKILLS
SELF-DEFENSE
DISCIPLINE
EXERCISE
RESPECT
& FUN!!



"YES I CAN!" @ WINDSOR ACADEMY

Hong's Martial Arts is bringing a unique experience to all students at Windsor Academy starting as young as our pre-school aged children this school year. With a chat about the topic of the month, a stretching exercise, followed by an activity based on the topic of the month all during the 30-minute class held once a week.

We will help build your child's gross motor skills, build focus and most importantly... listening skills.

ONE TIME FEE
INCLUDES THE FOLLOWING:
No monthly charges!

REGISTRATION FEE

\$35.00

CLASSES & CERTIFICATE

\$110.00

(FEE FOR FALL & WINTER 2021)

\$223.00

(FEE FOR SPRING 2022)

CLASS T-SHIRT & BAG

\$47.50

(Personalize your child's shirt)

HONG'S END OF THE PROGRAM CEREMONY

Each participating student from Windsor Academy will be presented a completion certificate and a small gift from Hong's Martial Arts at the end of each session.

Each session will be streamed live on zoom link, and also shared on our special Hong's @ Windsor Academy Facebook page.

TOPIC OF THE MONTH

FALL SESSION

10/6; 10/13; 10/20; 10/27; 11/3; 11/10; 11/17

OCTOBER: Self-Esteem Month - Becoming Bully Proof.

NOVEMBER: Learning Gratitude & Giving

WINTER SESSION

1/5; 1/12; 1/19; 1/26; 2/2; 2/9; 2/16

JANUARY: Building Goals

FEBRUARY: Building Focus

SPRING SESSION

3/2; 3/9; 3/16; 3/23; 3/30; 4/6; 4/20; 4/27; 5/4; 5/11

MARCH: Positive Attitude

APRIL: Perseverance

MAY: Building Courage

FACEBOOK PARENT PAGE

<https://www.facebook.com/groups/hongsatwindsoracademy>





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New Windsor, New York 12553
845.561.9898
www.hongsima.com

MARTIAL ARTS PROGRAM AT WINDSOR ACADEMY

Please register as promptly as possible by filling out this form and returning it with your credit card or debit information. This special program will be running in three separate sessions: Fall, Winter & Spring. You have the option to register for all three sessions on a separate page.

☐ New Student Enrollment

☐ Returning Student from Windsor Academy

STUDENT NAME: _____ AGE: _____

D.O.B.: _____ PARENTS' NAMES: _____

ADDRESS: _____

CELL (mom): _____ CELL (dad): _____

E-MAIL ADDRESS: _____

Personalize Sleeve (First/Middle/Last/Nickname): _____ Shirt Size: _____

- Returning Students – Please indicate if you'd like to order another shirt.

☐ Yes, need another shirt (extra \$29.14)

☐ Do not need another shirt

☐ **PHOTO RELEASE:** I hereby grant permission to Hong's to use my photograph on its website or in other publications without further consideration. I will make no monetary or other claim against Hong's for the use of the photograph(s)/video. I also acknowledge Hong's may choose not to use my photo at this time, but may do so at its own discretion at a later date.

☐ **WAIVER OF LIABILITY:** I as the parent/guardian, all my child to participate in martial arts, understanding and agree that the school will not be held liable for injuries, damages, etc., not caused by or resulting from the negligence of the owners, operators, employees and/or persons in charge of the establishment.

Signature of Student/Parent: _____ Date: _____

Office Use Only:

_____ Pre-School _____ Pre_K _____ Kindergarten _____ School Grade Student

Teacher's Name: _____ Room #: _____

REGISTRATION FORM

1. NEW STUDENT PER SESSION –

FALL & WINTER SESSIONS (7 CLASSES) – SPRING SESSION (10 CLASSES)

	SESSION:	CLASSES + GRADUATION	REG + UNIFORM	TOTAL
<input type="checkbox"/>	FALL 2021	\$110.00	\$83.00	\$193.00
<input type="checkbox"/>	WINTER 2021	\$110.00	\$83.00	\$193.00
<input type="checkbox"/>	SPRING 2022 (10 CLASSES)	\$140.00	\$83.00	\$223.00

2. NEW STUDENT COMBO SESSIONS -

	SESSION:	CLASSES + GRADUATION	REG + UNIFORM	TOTAL
<input type="checkbox"/>	FALL + WINTER	\$180.00	\$83.00	\$263.00
<input type="checkbox"/>	FALL + SPRING	\$210.00	\$83.00	\$293.00
<input type="checkbox"/>	WINTER + SPRING	\$210.00	\$83.00	\$293.00
<input type="checkbox"/>	ALL (3) SESSIONS	\$280.00	\$83.00	\$363.00

3. CURRENT STUDENT PER SESSION –

FALL & WINTER SESSIONS (7 CLASSES) – SPRING SESSION (10 CLASSES)

	SESSION:	CLASSES + GRADUATION	REGISTRATION	TOTAL
<input type="checkbox"/>	FALL 2021	\$110.00	\$20.00	\$130.00
<input type="checkbox"/>	WINTER 2021	\$110.00	\$20.00	\$130.00
<input type="checkbox"/>	SPRING 2022 (10 CLASSES)	\$140.00	\$20.00	\$160.00

4. CURRENT STUDENT COMBO SESSIONS –

	SESSION:	CLASSES + GRADUATION	REGISTRATION	TOTAL
<input type="checkbox"/>	FALL + WINTER	\$180.00	\$20.00	\$200.00
<input type="checkbox"/>	FALL + SPRING	\$210.00	\$20.00	\$230.00
<input type="checkbox"/>	WINTER + SPRING	\$210.00	\$20.00	\$230.00
<input type="checkbox"/>	ALL 3 SESSIONS	\$280.00	\$20.00	\$300.00

MARTIAL ARTS FOR WINDSOR ACADEMY

Hong's Martial Arts School offers a unique experience to all students starting as young as pre-kindergarten aged children. Each class begins with a chat about the topic of the month, a stretching exercise, followed by an activity based on the topic of the month. Looking to build confidence, discipline, build structure and most of all social skills? This class will be a fun learning experience for your child and a great way to introduce martial arts and its benefits.

Our program at Windsor Academy will be a great new addition to your child's week. The classes will focus on the topic of the month and also build the basic foundation of our martial arts style of Tang Soo Do. We will assist in building your child's gross-motor skills with easy core exercises, build focus as well as the most important thing all parent's look for is listening skills.

At the end of each session, Hong's Martial Arts will be presenting students a completion certificate and a special gift from the school. Each session will be recorded and zoomed live.

Class Attire: Hong's Dri-Fit Uniform T-shirt and comfortable bottoms – t-shirts & bag available at Hong's Martial Arts School (\$47.52 incl tax). Customize their Hong's Dri-Fit Uniform T-Shirts with their name on their sleeve to avoid mix-up's and confusions. Please order two weeks prior to class to ensure the student receives their shirts for the first day of class at Windsor Academy. The cost includes a personalized t-shirt and a reuseable bag.

30 MINUTE CLASS @ WINDSOR ACADEMY

Every child has the opportunity to participate in this Program. **NO Monthly Fees!**

Please send in your registration forms - Reminder to order your Hong's uniform t-shirts with registration.



MARTIAL ARTS PROGRAM AT WINDSOR ACADEMY

BENEFITS OF MARTIAL ARTS:

- BUILDS CONFIDENCE
- DISCIPLINE
- SOCIAL SKILLS
- BUILDING STRONGER GROSS-MOTOR SKILLS
- LISTENING SKILLS

TOPICS OF THE MONTH:

Each month has a topic in which the instructor will discuss and teach during class each week. Class will begin with a sit-down chat, followed by body stretches and the remainder of class will be exercises based on the topic of the month.



HOW TO REGISTER:

- Program will be held in three (3) separate sessions: Fall, Winter & Spring
- Fill out the enclosed registration form with billing information and drop-off at Hong's
- **OR** Email us at hongsima.ny@gmail.com and our staff at Hong's will contact you to register over the phone.

We Strive to Teach Black Belt Excellence!

To Become the Best of the Best!!